



## SOUTHAMPTON INVITATIONAL 2011

In conjunction with Active Nation, Southampton Diving Academy cordially invites you to the tenth Southampton Invitational Diving Competition.

The event will take place at The Quays, Southampton, from October 22<sup>nd</sup> – 24<sup>th</sup> 2011.

Please find enclosed the event conditions, provisional timetable (subject to entries), and the entry form.

We will be running simultaneous events in the prelims in order to make time for the finals. Finals will consist of 3 optional dives from three groups for every age group event. The top 6 from each event will take part in the final. In group A+ the three final dives must be: one dive from group 1 or 4, one dive from group 2 or 3 and one dive from group 5 for s/b or group 5 or 6 for platform. The winner of each event will be decided by combining the preliminary scores (less the last three dives) and final scores together.

If you have an 11 or 13 year old diver (age on 31/12/11) whom you wish to either use a higher platform or to qualify for next year's NAG event, then you may dive them up an age group. They will be in this age group for ALL of their events.

The entry fee for each event is £10 and must be paid in full by the closing date, **14<sup>th</sup> October**. Late entries will be accepted, at the organiser's discretion, at payment of £15.

Please email entry forms to: [Alistair@thebakershouse.co.uk](mailto:Alistair@thebakershouse.co.uk)

Please send payments to:

Alistair Baker  
Orchard Barn  
Whaddon Lane  
Owslebury  
Winchester  
Hants  
SO21 1JJ

***PLEASE NOTE: ALL ENTRY FEES MUST BE PAID IN FULL BY 14<sup>TH</sup> OCTOBER PRIOR TO THE COMPETITION THERE WILL BE NO ON THE DAY PAYMENTS AND DIVERS NOT ENTERED AND PAID BY THE PAYMENT DEADLINE WILL NOT BE ABLE TO DIVE.***

If you have any queries please do not hesitate to contact me.

Alistair Baker  
Events Manager

Tel: 07595530639

e-mail: [alistair@thebakershouse.co.uk](mailto:alistair@thebakershouse.co.uk)

<b>Southampton Invitational 2011 Conditions</b>					
Category	Gender	Event	Dives with limit	Max d.d	Dives without limit
Group D-11+u years	Girls and Boys	1m	4 dives from 4 groups	7.5	2 dives from 2 groups
Group D-11+u years	Girls and Boys	3m	4 dives from 4 groups	7.9	2 dives from 2 groups
Group D-11+u years	Girls and Boys	5m	3 dives from 3 groups	5.4	2 dives from 2 groups
Group C 12/13yrs	Girls and Boys	1m	5 dives from 5 groups	9.0	2 dives from 2 groups
Group C 12/13 yrs	Girls and Boys	3m	5 dives from 5 groups	9.5	2 dives from 2 groups
Group C 12/13 yrs	Girls and Boys	5/7.5m	4 dives from 4 groups	7.6	2 dives from 2 groups
Group B 14/15 yrs	Girls and Boys	1m	4 dives from 4 groups	7.5	3 dives from 3 groups
Group B 14/15 yrs	Girls and Boys	3m	5 dives from 5 groups	9.5	2 dives from 2 groups
Group B 14/15 yrs	Girls and Boys	5/7.5/10m	4 dives from 4 groups	7.6	2 dives from 2 groups
Group A+ 16+ yrs	Women and Men	1m	Women: 5 dives from 5 groups Men: 6 dives from 5 groups	No dd limit	
Group A+ 16+ yrs	Women and Men	3m	5 dives from 5 groups	9.5	2 dives from 2 groups
Group A+ 16+ yrs	Women and Men	5/7.5/10m	4 dives from 4 groups	7.6	3 dives from 3 groups

In each event no dive may be repeated.

Divers in the second year of Group D or C (ie aged 11 or 13 years respectively on 31/12/11) may opt to dive up if they wish. This will allow divers to make a qualifying standard for National Age Groups 2012 if required. It also allows 11 year olds to use dives on 7m and 13 year olds to use dives on 10m. If they dive up an age group then they must compete in this age group for all events.

Divers may choose to dive in the 16+ 1m event (in addition to their own age group but prelim only).

## **TIMETABLE**

(All timings are subject to change)

### **Saturday 22nd October**

General training  
Restricted training for session 1

Prelims:  
Session 1

Boys D+ 1m  
Girls B 1m

Boys B platform (sim)  
Boys C 3m (sim)

Restricted training for session 2

Session 2

Girls 16+ 3m  
Girls C 3m

Boys 16+ platform (sim)

Restricted training for session 3

Session 3

Boys B 1m  
Girls D+ platform (sim)

Chamois ripping

Restricted training for finals

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Finals

Boys D+ 1m  
Boys B Platform  
Girls B 1m  
Boys C 3m  
Girls 16+ 3m  
Boys 16+ Platform  
Girls C 3m  
Boys B 1m  
Girls D+ Platform

*Medal presentations will follow directly after each event*

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## **TIMETABLE**

(All timings are subject to change)

### **Sunday 23rd October**

	General training	
	Restricted training for session 1	
Prelims:		
Session 1	Boys C 1m	Girls B platform (sim)
	Boys 16+ 1m	Girls D+ 3m (sim)
	Restricted training for session 2	
Session 2	Girls 16+ 1m	Boys D+ platform (sim)
	Girls C 1m	
	Restricted training for session 3	
Session 3	Girls D+ 1m	Boys C platform (sim)
	Restricted training for finals	

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Finals  
Boys C 1m  
Girls B Platform  
Boys 16+ 1m  
Girls D+ 3m  
Girls 16+ 1m  
Boys D+ Platform  
Girls C 1m  
Girls D+ 1m  
Boys C Platform

*Medal presentations will follow directly after each event*

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## **TIMETABLE**

(All timings are subject to change)

### **Monday 24<sup>th</sup> October**

	General training	
	Restricted training for session 1	
Prelims:		
Session 1	Girls B 3m Boys B 3m	Girls C platform (sim)
	Restricted training for session 2	
Session 2	Boys 16+ 3m Boys D+3m	Girls 16+ platform (sim)
	Restricted training for finals	

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Finals  
Girls B 3m  
Girls C Platform  
Boys B 3m  
Boys 16+ 3m  
Girls 16+ Platform  
Boys D+ 3m

*Medal presentations will follow directly after each event*

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