

The Peter Waterfield Novice Diving Invitational

Saturday 8th October 2011, The Quays, Southampton



In conjunction with Active Nation, Southampton Diving Academy is proud to invite you to the 6th Peter Waterfield Novice Diving Invitational.

The event is an opportunity for divers to experience the conditions we expect to be used at National Skills in July 2012.

The divers will perform 12 skills. These skills will be divided into 2 or 3 stations and assessed with 3 judges at each. The competitors will be divided across the stations and rotated once each station has finished.

This competition format creates a very exciting environment for our up and coming stars to demonstrate their talent

Awards will be given to the top 6 divers and the Top Team.

There will be a short diving display featuring Southampton Diving Academy's display team, hopefully including members of the Olympic team.

On behalf of the organising team and Southampton Diving Academy, we look forward to welcoming you to what will be one of the most exciting novice competitions of the year!

Should you have any questions please do not hesitate to contact me by email.

alistair@thebakershouse.co.uk

Yours faithfully

Alistair Baker
Events Manager

Provisional Programme 2011 (subject to entries!)

Friday 7th October

Open Training 5.00 – 7.30pm

Please contact us to book in as this will be alongside lesson and club sessions

Saturday 8th October

Open Training 8.00 – 10.00am

Please contact us to book in as this will be alongside lesson and club sessions

Technical Meeting 9.30am

Restricted Training 10.00 – 10.45am

Session 1 11.00am GROUP E GIRLS
GROUP D BOYS
GROUP C GIRLS
GROUP E BOYS

Restricted Training 2:00-2:45pm

SHOW and Session 2 2:45pm GROUP B+ BOYS
GROUP D GIRLS
GROUP C BOYS
GROUP B+ GIRLS

Medal Presentations 5:45pm

EVENT CONDITIONS

The conditions are based on those expected to be adopted for National Skills finals in July 2012.

Age Groups

Group E	8/9 years
Group D	10/11 years
Group C	12/13 years
Group B+	14/16 years

Category	Board Height	Skill	DD	Recommended Std
Age Groups E, D & C	Section 1 <i>Poolside</i>	Plain header (3 bubble rip)	1.0	Group E 225
		Armswing back jump tucked	1.0	
		Forward dive tucked	1.0	
		Armswing reverse pike sit	1.0	
	Section 2 <i>1m</i>	Hurdle step straight jump	1.0	Group D 230
		Armswing back jump straight	1.0	
		1 dive from list A	dd to count	
		1 dive from list B	dd to count	
	Section 3 <i>3m</i>	Pike fall hands grabbed	1.0	Group C 235
Sitting forward tuck roll		1.2		
Standing back fall straight		1.4		
Crouched back tuck roll		1.3		

List A

101c, 101b, 103c, 103b, 401c, 401b

List B

Back fall straight (1.0), 201c, 201b, 301c, 301b

Category	Board Height	Skill	DD	Recommended Std
Age Group B+	Section 1 <i>1m</i>	3 skills from list C 3 skills from list D (at least 2 groups must be covered from each list)	dd to count dd to count dd to count	Group B 250
	Section 2 <i>3m</i>	4 skills from list E (at least 2 groups must be covered) 1 fwd line up from Section 3 above 1 back line up from Section 3 above	dd to count dd to count dd to count dd to count	

List C (1m)

101c, 101b, 103c, 103b, 401c, 401b, 402c, 403c – repeats permitted (1.0) *

List D (1m)

201c, 201b, 301c, 301b, 5221d, 5122d, 202c, 203c – repeats permitted (1.0) *

List E (3m)

101c, 101b, 103c, 103b, 401c, 401b, 403c, 201c, 201b, 301c, 301b – repeats permitted (1.0) *

*** Dives of the same number are considered to be a repeat, even if they are in a different shape**

- This event runs in a “circuit” format, with groups of competitors (gymnastics style), simultaneously competing on 1m, 3m and poolside, enabling 12 skills to be competed in the same amount of time as 4 skills
- The winner is the diver with the highest combined points total from ALL stations added together

JUDGING

In order to satisfy the judging requirements for this type of event we will supply a judge for each panel at each station in each event; the remainder will be made up from the clubs attending. There will be 3 judges per station.

Judges lists will be posted in advance.

ENTRY FORMS

Please complete the Entry Form (photocopy as appropriate) and return it along with entry fees to:

Alistair Baker
Orchard Barn
Whaddon Lane
Owslebury
Winchester
Hants
SO21 1JJ

Email: Alistair@thebakershouse.co.uk

The Deadline for entries is ***Friday 16th September 2011***

ENTRY FEES

£8.00 per event

Cheques to be made payable to 'Southampton Diving Academy'

Late entries may be accepted at the discretion of the organiser at £12 per event

PLEASE NOTE: ALL ENTRY FEES MUST BE PAID 1 WEEK PRIOR TO THE COMPETITION THERE WILL BE NO ON THE DAY PAYMENTS ALLOWED!

DIVE SHEETS

Dive Sheets must be submitted prior to your arrival. Alistair will contact you with more details following receipt of your entry.

INFORMATION PACK

All teams will receive an information pack at the Technical meeting. This will include the programme, start orders, pool safety guidelines and other general information regarding the weekend.