

Barcelona Diving Trophy

A 14 strong team from Southampton Diving Academy recently competed in the prestigious Barcelona Trophy Diving Cup, an international club competition that attracts clubs from all across Europe. As well as GB and Spain, there were clubs attending from Russia, The Netherlands, Germany, France, Latvia, Lithuania, Croatia,

For some of the SDA athletes it was their first European experience, made all the richer by diving in the fantastic outdoor Olympic diving pool with the amazing iconic views all across Barcelona.

Even in this esteemed venue the SDA divers, especially the girls, kept their nerve to put in some strong performances, returning with 3 Gold, 4 Silver and 2 Bronze medals.

Heading the medal winners was Georgie Wingrove (15), Impressively Georgie dived in the adult women's events and took the Gold medals in the Tower and 1m springboard events and was narrowly beaten into silver on 3m springboard.

The other Gold medal was awarded to Bethany Watts (15), who edged out team mate Jaimee Gundry (16) into Silver in the Girls group A tower event, a competition which swung back and forth with Bethany showing her composure to finish with an impressive inward 2 and a half somersaults piked from 10m scoring 65.80 points.

Also on Tower in the Girls group B event, Sarah White (14) and Mollie James (14) dived well to secure silver and bronze respectively and to continue Southampton's strength in depth and talent on tower Portia Angove also took a Silver in the Girls group C tower event.

Our only Boys medal of the meet came from Lewys Oakley (13) in the Boys 1m springboard group C event.

Lindsey Fraser, director of coaching, said 'I am very pleased with how well the majority of the divers coped with the experience of competing in the open air and brought home a good clutch of medals'

Full Results

Tower	Jack Clewlow - 5th, Ryan Strudwick - 6th, Lewis Coleman-Smith - 11th, William Rigelsford - 5th, Lewys Oakley - 5th, Nick Egg - 15th Georgie Wingrove - Gold, Bethany Watts - Gold, Jaimee Gundry - Silver, Sarah White - Silver, Mollie James - Bronze, Portia Angove - Silver, Abbie Baker - 11th
3m Springboard	Ryan Strudwick - 11th, Lewis Coleman-Smith - 7th, William Rigelsford - 15th, Lewys Oakley - 10th, Nick Egg - 18th, Max Cott - 20th Georgie Wingrove - Silver, Bethany Watts - 6th, Jaimee Gundry - 10th, Sarah White - 12th, Mollie James - 7th, Portia Angove - 7th, Abbie Baker - 27th
1m Springboard	Ryan Strudwick - 12th, Lewis Coleman-Smith - 11th, William Rigelsford - 15th, Lewys Oakley - Bronze, Nick Egg - 15th, Max Cott - 14th Georgie Wingrove - Gold, Bethany Watts - 10th, Jaimee Gundry - 11th, Sarah White - 12th, Mollie James - 8th, Portia Angove - 19th, Abbie Baker - 22nd
3m Synchro	Lewys Oakley & William Rigelsford - 13th Bethany Watts & Sarah White - 8th, Jaimee Gundry & Mollie James - 9th, Portia Angove & Abbie Baker - 14th