

## **Press Release from Southampton Diving Academy**

**March 2011**

### **Success in Plymouth for Southampton Diving Academy**

A team of 24 divers from Southampton Diving Academy travelled to Plymouth to compete in the Armada Diving Cup Competition competing against top clubs from all over Great Britain and came back with a total of 11 medals.

The team boasted 2 gold, 4 silver and 5 bronze medals between them.

The most successful divers of the team were Harrison Williams and Miranda Dibden. In the boys 11 and under category Harrison excelled picking up a gold on the 3m springboard and a bronze on the 5m platform. For the girls, competing in the 11 and under category, Miranda Dibden dived consistently well picking up a silver on the 5m platform, a bronze on the 1m springboard and making the final 6 on the 3m springboard.

Jaimee Gundry led the way for the girls in the Women's 16+ category winning a silver on the 3m springboard and making the final 6 on the platform, finishing in 5th position. Rachel Holland also dived beautifully to win a silver medal on the 1m springboard in the same category.

In the girls 12/13 age group Portia Angove took the opportunity of raising her game to move from 3rd in the preliminaries to take gold in the platform final.

In the youngest age group (11 and under) for the girls, as well as Miranda Dibden's fantastic performance, there were others showing they are ones to watch in the future. Phoebe Cartwright was another one of the team who raised their game following the preliminaries, moving from 5th up to 3rd in the final of the 3m springboard. Phoebe also made it to the 5m final, eventually finishing in 5th position.

For the boys William Riclesford, diving in the 14/15 year old category, led the way, pulling off a great performance to take a silver medal on the platform and making the final on the 3m springboard, finishing in 6th position.

In the boys 12/13 age group category, there was a fantastic performance by Lewys Oakley, who diving consistently well brought back a bronze medal on the 3m springboard, just missing out on the bronze on the platform, finishing in 4th position and also made the final on the 1m springboard, finishing in 6th position.

In the youngest age group for the boys, adding to Harrison Williams' success was another of Southampton Diving Academy's young stars, Robbie Brodie, who was another of the team to up their game from the preliminaries, going from 5th to 3rd in the final on the 1m springboard.

Team Coach, Chris Gravestock was extremely happy with the divers' successes. "This meet is always a challenge for our divers," he explained. "there were entries from the top divers from all the top clubs in the Country, so making the final is a great achievement".

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**Note to Editors:**

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