

## **Media release for Southampton Diving Academy**

# **County Highboard**

Southampton Diving Academy's Top Squads once again demonstrated their competitive potential when they took 32 medals between them at the Hampshire Amateur Swimming Association's Highboard Age Group and Championships on Saturday 7<sup>th</sup> May at their home pool, the Quays.

The medal haul included: 10 gold, 6 silver and 4 bronze medals in the Age Groups; 2 gold, 2 silver and 2 bronze in the Junior Championships and 2 gold, 2 silver and 2 bronze in the Senior Championships.

The most outstanding medal hauls were taken by Anna Bennett-Britton (16) and Max Brick (12) who took 2 golds and a silver apiece. Anna took the opportunity to compete a new dive, a forward 2 ½ somersaults with one twist in the piked position, which she used to good effect.

His reverse dive earned Max a score of 9 and contributed to a final score which, if repeated at the National competitions at the end of the month, could earn him a place in the prestigious national Junior Olympic Programme.

Monique McCarroll (23) and Gary Hunt (20) both gave dazzling displays, giving spectators a glimpse of the skills that have earned both of them opportunities to represent Britain at the International level. For Monique this was her first competition since undergoing an operation on her foot and a good rehearsal for the National Championships to be held at the Quays in June.

Emily Alderman (13) and Jack Clewlow (14) also did well, each taking a gold, silver and bronze medal.

Just missing out on third medals were Ellie Steel (13) and Ciaran O'Reilly (16) who both took a gold, a bronze and 4<sup>th</sup> place. Ciaran's front 3 ½ somersaults was particularly impressive, earning him scores of 7.

Shining in their own Age Groups, Georgia Wingrove (9) and Alex Cameron (10) both took gold medals.

Senior Club Coach at the meet, Steve Gladding, was delighted with the outcome. “We saw some excellent diving at the weekend,” he said. “With some of our members diving at the International level this is hardly surprising, but there were stunning performances from some of those who are still working their way up through the ranks. This was a very encouraging prelude to the Nationals in a few weeks’ time.”

Full results were as follows:

***Age-Groups***

Georgia Wingrove, gold; Rachel Holland, silver; Bethany Watts, bronze; Alex Cameron, gold; Max Gennings, silver; Ciaran Allen, bronze; Stephen Lingard, 4<sup>th</sup>; Emily Alderman, gold; Max Brick, gold; Jack Howsham, silver; Chris Farrow, bronze; Ellie Steel, gold; Francesca Godfroy, silver; Jack Clewlow, gold; Adam Purkis, silver; Anna Bennett-Britton, gold; Ciaran O’Reilly, gold; Pat O’Reilly, silver; Devin Reilly, bronze; Dayne Mulford, 4<sup>th</sup>; Monique McCarroll, gold; Gary Hunt, gold.

***Junior***

Georgia Wingrove, 5<sup>th</sup>; Rachel Holland, 7<sup>th</sup>; Bethany Watts, 6<sup>th</sup>; Alex Cameron, 6<sup>th</sup>; Max Gennings, 10<sup>th</sup>; Ciaran Allen, 12<sup>th</sup>; Stephen Lingard, 11<sup>th</sup>; Emily Alderman, silver; Max Brick, gold; Jack Howsham, 9<sup>th</sup>; Chris Farrow, 5<sup>th</sup>; Ellie Steel, bronze; Francesca Godfroy, 4<sup>th</sup>; Jack Clewlow, silver; Adam Purkis, 8<sup>th</sup>; Anna Bennett-Britton, gold; Ciaran O’Reilly, bronze; Pat O’Reilly, 4<sup>th</sup>; Devin Reilly, 7<sup>th</sup>.

***Senior***

Emily Alderman, bronze; Max Brick, silver; Jack Howsham, 8<sup>th</sup>; Chris Farrow, 6<sup>th</sup>; Ellie Steel, 4<sup>th</sup>; Francesca Godfroy, 5<sup>th</sup>; Jack Clewlow, bronze; Anna Bennett-Britton, silver; Ciaran O’Reilly, 4<sup>th</sup>; Pat O’Reilly, 5<sup>th</sup>; Devin Reilly, 7<sup>th</sup>; Monique McCarroll, gold; Gary Hunt, gold; Sam Youles, 6<sup>th</sup>.

**ENDS**

**For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.**

**Please note photo opportunities can be arranged.**