

Media release for Southampton Diving Academy

Southern Counties

Southampton Diving Academy once again headed the medals table at the Southern Counties Amateur Swimming Associations Springboard Championships held at the Quays on 9th July.

Taking a total of 29 medals all told: 10 gold, 11 silver and 8 bronze, the club came out as the top team on the day by a substantial margin.

Particularly successful was Jack Clewlow (15) who took 2 gold medals in the 3m Age Groups and Junior events and a bronze medal in the 1m Junior category. Diving to a consistently high standard throughout the competition his medals were well deserved.

Coming back from injury, Chris Mears (12) also had an excellent meet, taking gold in the 1m Junior competition and silvers in the Age Groups, Junior and Senior levels on the 3m board.

Also scooping 4 medals, Emily Alderman (13) made a good showing, taking silvers in the Age Groups and Junior categories on 3m and bronze in the 1m Junior and 3m Senior events.

Max Gennings (11), Dayne Mulford (17), Ellie Steel (13) and Bethany Watts (9) all took titles in the 3m Age Group events.

In the Senior events Christian Brooker (23) and Charly Tomkys (20) both took gold on the 1m board and Gary Hunt (21) took the title on the 3m board.

Senior coach at the meet, Steve Gladding, was delighted with the outcome of the day. “The team was in good form today. Coming to the end of this season of competitions they didn’t relax at all and we saw some excellent performances today.”

Full results are as follows:

Age Groups 3m

Emily Alderman, silver; Ciaran Allen, 4th; Steven Appleby, bronze; Alex Cameron, silver; Jack Clewlow, gold; Max Gennings, gold; Rachel Holland, silver; Jack Howsham, 4th; Stephen Lingard,

bronze; Chris Mears, silver; Dayne Mulford, gold; Pat O'Reilly, silver; Adam Purkis, 4th; Ellie Steel, gold; Bethany Watts, gold; Georgia Wingrove, 4th

Junior 1m

Emily Alderman, bronze; Steven Appleby, 5th; Anna Bennett-Britton, silver; Jack Clewlow, bronze; Jack Howsham, 8th; Chris Mears, gold; Adam Purkis, 9th; Kim Purkis, 4th; Bethany Watts, 5th

Junior 3m

Emily Alderman, silver; Steven Appleby, 7th; Jack Clewlow, gold; Chris Mears, silver; Dayne Mulford, 4th; Pat O'Reilly, 6th; Adam Purkis, 11th

Senior 1m

Emily Alderman, 4th; Steven Appleby, 8th; Rob Appleby, 4th; Anna Bennett-Britton, bronze; Christian Brooker, gold; Jack Clewlow, 5th; Gary Hunt, silver; Chris Mears, 6th; Tom Owens, bronze; Kim Purkis, 5th; Charly Tomkys, gold

Senior 3m

Emily Alderman, bronze; Gary Hunt, gold; Chris Mears, silver; Dayne Mulford, 4th; Pat O'Reilly, 5th; Tom Owens, bronze; Charly Tomkys, silver

ENDS

For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.

Please note photo opportunities can be arranged.