



# SCASA Championships

## Media release for Southampton Diving Academy

Thirteen was a lucky number for Southampton Diving Academy on Saturday 7<sup>th</sup> June when they took a team of that number to Crystal Palace to compete in the Southern Counties Amateur Swimming Association Age Group Championships and came back with a total eighteen medals.

The three most successful competitors were Jack Clewlow (12), Robert Appleby (17) and Charly Tomkys (18) who took two gold medals apiece in the springboard and platform events. Charly's gold on 3m was particularly pleasing since it entailed beating her Synchro partner, Hayley Sage from the Beaumont Diving Academy in Hatfield, Hertfordshire, who has represented Great Britain.

Also diving well on the day, Anna Bennett-Britton was unlucky to be pushed into silver medal position in the platform event by only 0.15 points. She also took a bronze medal in the springboard event.

Despite being one of the youngest divers in her age group, Ellie Steel (11) did well to take the silver medal in both springboard and highboard events, showing that her selection for a place in the prestigious World Class Start training squad was certainly justified.

Director of Coaching, Lindsey Fraser, was in no doubt about the success of the day. "The team stormed away with some excellent and well deserved results," she said. "I am really proud of how they did."

The team can be seen in action at the National Age Groups Championships which will be held at the Quays on 28<sup>th</sup> June – 1<sup>st</sup> July.

### Full results were:

#### Springboard

Chris Farrow, silver; Ellie Steel, silver; Chloe Hendy, 5<sup>th</sup>; Jack Clewlow, gold; Stephen Appleby, silver; Anna Bennett-Britton, bronze; Melissa Harley, 4<sup>th</sup>; Vicky Jones, 6<sup>th</sup>; Dayne Mulford, 4<sup>th</sup>; Ciaran O'Reilly, silver; Luke De Ste Croix, bronze; Charly Tomkys, gold; Robert Appleby, gold.

#### Platform

Chris Farrow, bronze; Ellie Steel, silver; Chloe Hendy, 4<sup>th</sup>; Jack Clewlow, gold; Stephen Appleby, silver; Anna Bennett-Britton, silver; Melissa Harley, 6<sup>th</sup>; Vicky Jones, 5<sup>th</sup>; Dayne Mulford, 5<sup>th</sup>; Ciaran O'Reilly, bronze; Luke De Ste Croix, silver; Charly Tomkys, gold; Robert Appleby, gold.

**ENDS**

**For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.**

**Please note photo opportunities can be arranged.**