



Southern Counties Diving

Media release for Southampton Diving Academy

A team of 17 divers from Southampton Diving Academy competed at their home pool, the Quays, in the Southern Counties Amateur Swimming Association 1m Age Groups and Synchronised Diving Championships on Saturday 10th May, coming away with a total of 24 medals between them.

Competing against divers from eight other clubs from across the South of England the team made a significant impact in all the events they contested, taking 10 gold, 10 silver and 4 bronze medals in total.

Three members of the team, Emily Alderman (11), Jack Clewlow (12) and Robert Appleby (16), managed to scoop two gold medals apiece, taking the top position in both their 1m individual and 3m synchro events.

Mark Alderman, Senior Coach at the event, was delighted with the outcome. "This was an excellent result for the team," he said. "They will now need to build on this very encouraging outcome to prepare themselves for the British Nationals in a few weeks time."

The ASA Age Group Nationals are due to be held at the Quays on 28th June – 1st July.

Full results were as follows:

1m Age Groups: Emily Alderman, gold; Chloe Hendy, bronze; Ellie Steel, silver; Emily Jones, 6th; Jack Clewlow, gold; Adam Purkis, bronze; Stephen Appleby, silver; Melissa Harley, 5th; Kim Purkis, 4th; Vicky Jones, 8th; Anna Bennett-Britton, silver; Ciaran O'Reilly, silver; Luke De Ste Croix, bronze; Dayne Mulford, 4th; Charly Tomkys, bronze; Patrick O'Reilly, silver; Rob Appleby, gold.

3m Synchro: Ellie Steel, gold; Emily Alderman, gold; Chloe Hendy, silver; Jack Clewlow, gold; Steve Appleby, gold; Adam Purkis, silver; Charly Tomkys, gold; Anna Bennett-Britton, silver; Vicky Jones, 4th; Melissa Harley, 4th; Pat O'Reilly, gold; Rob Appleby, gold; Ciaran O'Reilly, silver; Luke De Ste Croix, silver.

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For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.

Please note photo opportunities can be arranged.