



National Novices

Media release for Southampton Diving Academy

A teenager from Southampton took the silver medal at the Amateur Swimming Association National Novices Championships, held at Central Park Pools in Plymouth from 4th – 6th April.

In all 16 divers from Southampton took part in the championships, with Dayne Mulford (15) being the most successful member of the team and taking the only medal. Despite opening with a very disappointing first dive Dayne steadily worked his way up through the field to secure a comfortable second place. His background in gymnastics supported him well in tackling his new sport. "This was an excellent result for Dayne," said coach, Ellie Clewlow. "He is now making good progress with his diving and his recent dedication to training really paid off today."

Other high scorers on the day were Ellie Hill (12), Lucy Winch (10), Emily Jones (11), Kate Hicks (10) and Max Brick (10), who all scored in excess of 85 points. In addition, on the basis of his performance, Max Brick was chosen to take part in testing for selection to the World Class Start programme.

Competition in all age groups was very keen, with a large field in most events. The Southampton team mainly comprised of members who have been diving for less than a year and included several individuals who have considerable long term potential. For most of the team this was their first residential trip away with the club.

Senior coach for the trip, Chris Jenkins, was delighted with how the team had performed. "Despite the pressure of taking part in a National level competition away from home there were some excellent performances from the team," she said. "We really are very excited in the club about how our novices are shaping up."

Full results were as follows:

Emily Batt, 7th; Stephen Lingard, 10th; Ciaran Allen, 11th; Dayne Mulford, silver; Ellie Hill, 10th; Emily Jones, 20th; Emily Burden, 27th; Danielle Robinson, 29th; Chesca Ferguson, 30th; Max Brick, 21st; Jack Howsham, 32nd; Lucy Winch, 15th; Kate Hicks, 16th; Ruth Ingamells, 23rd; Sam Colmer, 21st; Erin Marshall, 34th.

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For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.

Please note photo opportunities can be arranged.