



HCASA Intermediate Diving

Media release for Southampton Diving Academy

Youngsters from Southampton Diving Academy took all but one of the medals on offer at the Hampshire County Amateur Swimming Association Intermediate Springboard Competitions held at the Quays on Saturday 20th September.

A total of 16 divers from the Academy took to the boards, with every one of them coming away with a medal.

Particularly outstanding was Tom Owens (17) competing for the first time ever after joining the sport in June this year, who took a gold medal in his age group. With a background in national level gymnastics Tom has given great commitment to his sport, travelling daily since the beginning of September from Basingstoke to benefit from coaching at the Quays.

Coach, Chris Jenkins, was thrilled by his first success. "Tom is a great new talent to look out for. He backs up his natural ability with exceptional commitment and great determination and I'm confident he's going to make a considerable impact on the world of diving."

Also performing well was Georgia Wingrove (7) who took a gold medal despite being the youngest possible entrant in the competition. Her back dive tucked off the 3m finally clinched the pole position for her, attracting a tariff of 1.7, whilst the same dive off the 1m board would have gained a tariff of only 1.5.

Director of Coaching, Lindsey Fraser, was full of praise for the whole team. "I am delighted with these excellent results," she said. "It is hard to pick anyone out for particular mention, they all did incredibly well."

Full results were:

Danielle Robinson, gold
Kate Hicks, gold
Ciaran Allen, gold
Jack Howsham, gold
Tom Owens, gold
Sam Colmer, gold
Georgia Wingrove, gold
Nick Farrow, silver
Emily Burden, silver
Lucy Winch, silver
Emily Batt, silver
Alex Cameron, silver
Andrew Thompson, bronze
Stephen Lingard, bronze
Francesca Godfroy, bronze
Bethany Watts, bronze

ENDS

For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.

Please note photo opportunities can be arranged.