



# HCASA Age Groups

## Media release for Southampton Diving Academy

Divers from Southampton Diving Academy took a massive haul of 42 medals in the Hampshire County Amateur Swimming Association County Age Group Diving Championships held at the Quays on Saturday 4<sup>th</sup> October.

Every one of the 20 gold medals on offer was taken by member of the Academy, together with 14 silver and 8 bronze medals.

Following his spectacular debut at the Hampshire Intermediates in September, Tom Owens (17) took gold medals in both his events on 1m and highboard.

Max Brick (11) also took his first county titles in both his events and Dayne Mulford (16) performed well to take his first ever county title on 1m springboard.

For many of the younger competitors it was their first ever highboard event. They all performed extremely well and rose to the challenge to give an exciting and high quality display.

Director of coaching, Lindsey Fraser, was thrilled with the outcome of the day. "We now have a large team diving at County Age Group level and all performing very well," she said. "We should be very proud of the talent and commitment we have here in Southampton."

The club are now preparing for their Invitational event, to be held at the Quays on 25 – 27<sup>th</sup> October. Divers from all over the country have entered the competition, with a very high standard expected. Spectators are welcome.

### Full results were as follows:

#### **1m springboard**

Emily Alderman, gold  
Kate Hicks, bronze  
Emily Batt, silver  
Bethany Watts, 6<sup>th</sup>  
Georgia Wingrove, 5<sup>th</sup>  
Lucy Winch, 4<sup>th</sup>  
Nick Farrow, 4<sup>th</sup>  
Ciaran Allen, bronze  
Alex Cameron, 8<sup>th</sup>  
Max Brick, gold  
Chris Farrow, silver  
Jack Howsham, 7<sup>th</sup>  
Stephen Lingard, 6<sup>th</sup>  
Ellie Steel, gold  
Heather Bilsby, 4<sup>th</sup>  
Danielle Robinson, bronze  
Emily Burden, silver

Jack Clewlow, gold  
Adam Purkis, silver  
Sam Colmer, bronze  
Melissa Harley, gold  
Dayne Mulford, gold  
Ciaran O'Reilly, silver  
Charly Tomkys, gold  
Pat O'Reilly, silver  
Tom Owens, gold  
Sam Youles, gold  
Sarah Bayliss, silver  
Gary Hunt, gold  
Taz Hollingum, silver  
Ben Toner, bronze  
Danny Rechert, 4<sup>th</sup>



***Highboard***

Emily Alderman, gold  
Kate Hicks, silver  
Georgia Wingrove, gold  
Lucy Winch, bronze  
Alex Cameron, 4<sup>th</sup>  
Max Brick, gold  
Chris Farrow, silver  
Jack Howsham, gold  
Stephen Lingard, bronze  
Ellie Steel, gold  
Danielle Robinson, silver

Jack Clewlow, gold  
Adam Purkis, silver  
Sam Colmer, bronze  
Melissa Harley, gold  
Dayne Mulford, silver  
Ciaran O'Reilly, gold  
Charly Tomkys, gold  
Pat O'Reilly, silver  
Tom Owens, gold.

**ENDS**

**For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.**

**Please note photo opportunities can be arranged.**