



GBDF at the Quays

Media release for Southampton Diving Academy

Competing in their home pool at the Quays, members of the Southampton Diving Academy dominated the GBDF National Championships held on Saturday 3rd May.

In all the team took ten gold, six silver and three bronze medals, leaving only a handful of medals for other clubs and treating spectators to an outstanding display of diving.

Particularly successful on the day were Charly Tomkys (18) and Robert Appleby (17) who took two gold medals apiece, one each in the age group events and one in the senior events. The gold medal taken by Ellie Steel (11) was also especially significant since she was one of the younger competitors in her group.

Coach, Mark Alderman, was very pleased with the outcome. "We've had an excellent day today," he said. "We're now entering a very busy period in the year for high level competition and it is very encouraging to see them all performing so well at this point."

Full results were:

Age Group 3m

Chris Farrow, gold; Emily Alderman, gold; Stephen Appleby, gold; Adam Purkis, silver; Ellie Steel, gold; Ciaran O'Reilly, gold; Devin Reilly, silver; Dayne Mulford, bronze; Anna Bennett-Britton, gold; Melissa Harley, silver; Kim Purkis, bronze; Robert Appleby, gold; Patrick O'Reilly, silver; Charly Tomkys, gold.

Men's 3m

Robert Appleby, gold; Patrick O'Reilly, silver; Ciaran O'Reilly, bronze; Devin Reilly, 4th

Ladies' 1m

Charly Tomkys, gold; Anna Bennett-Britton, silver; Maxine Harle, 4th; Melissa Harley, 5th; Emily Alderman, 6th; Ellie Steel, 7th.

ENDS

For further details call the Director of Coaching, Lindsey Fraser: 023 8072 0922.

Please note photo opportunities can be arranged.