



Institute of Swimming

An IoS Course leading to a certificate in

ASA/UKCC Level 1 Coaching Diving

(To support a more qualified teacher in the delivery of a pre-planned session, under supervision)

The Quays, Southampton

18th – 20th December and
2nd and 3rd January 2011

Course Cost – Unit 1&2 - £395

Unit 2 Only £155

Entry Requirements:

- 16 years old
- No prior certificate required

To Book Please Visit The Home Of Aquatic Training-

www.theiosonline.com. Any booking queries please contact

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